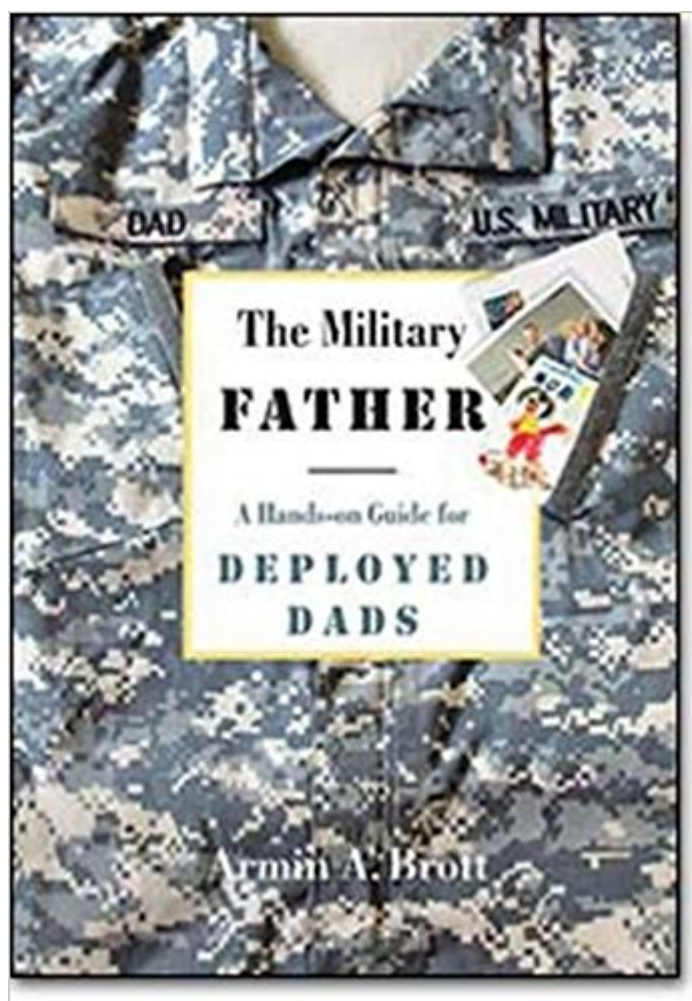




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# The Military Father: A Hands-on Guide For Deployed Dads (New Father Series)



## Synopsis

Unfortunately, there are very few resources for military (and deployed civilian) fathers, who are looking for guidance on how to be in close touch with their families backhome. *The Military Father*, written by the country's leading authority on fathers and families, will fill that gap, providing deployed dads with everything they need to know to stay (or become) involved with and connected to their family regardless of the distance that separates them. Part I of this essential sourcebook covers pre-deployment and explores the profound effect a dad's absence will have on his spouse, his children, and himself. It also provides extensive pre-deployment checklists and detailed tips aimed at preparing the dad and his family for separation and long-distance communication. Part II, *During Deployment*, explains how to stay involved and connected when you're far away, and includes specific strategies and activities designed to help dads and their family remain close across time and distance. Part III, *Coming Home*, offers advice on post-deployment times from preparing to come home and surmounting the challenges of returning to military or civilian life. In addition, the book includes a chapter on how dads can support a spouse when she's the one being deployed, and a comprehensive listing of resources available to soldiers and their families. Flavored with the author's trademark wit, warmth, and intelligence, this guide combines a wealth of knowledge from experts, scientific studies, and interviews with scores of military fathers and their families. *The Military Father* includes cartoons that complement the text, solicited from deployed military or civilian fathers and family members, ranging from those on active duty to veterans.

## Book Information

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## Customer Reviews

"Armin Brott has written what might possibly be the most comprehensive and contemporary book about deployments that I've ever read. The Military Father is an easy and interesting read sure to make you chuckle. It's a unique blend of parenting book and military how-to, and for anyone who is about to face a deployment, it will be on my list of recommendations."#151;Sarah Smiley, newspaper columnist and author of *Dinner with the Smileys* -- WINNER of the 2010 Military Writers Society of America Award: Gold Medal, Reference Category -- Listen to the author interview on *Army Wife Talk Radio*.

Fathers today play a greater role with their families and children than ever before. However, military dads and dats-to-be are often separated from their families for extended periods of time.

Unfortunately, there are very few resources for military (and deployed civilian) fathers, who are looking for guidance on how to be in close touch with their families back home. The *Military Father*, written by the country's leading authority on fatherhood, will fill that gap, providing deployed dads with everything they need to know to stay (or become) involved with and connected to their family regardless of the distance that separates them. Part I of this essential sourcebook covers pre-deployment and explores the profound effect a dad's absence will have on his spouse, his children, and himself. It also provides extensive pre-deployment checklists and detailed tips aimed at preparing the dad and his family for separation and long-distance communication. Part II, *During Deployment*, explains how to stay involved and connected when you're far away, and includes specific strategies and activities designed to help dads and their family remain close across time and distance. Part III, *Coming Home*, offers advice on post-deployment times from preparing to come home and surmounting the challenges of returning to military or civilian life. In addition, the book includes a chapter on how dads can support a spouse when she's the one being deployed, and a comprehensive listing of resources available to soldiers and their families. Flavored with the author's trademark wit, warmth, and intelligence, this guide combines a wealth of knowledge from experts, scientific studies, and interviews with scores of military fathers and their families. The *Military Father* includes cartoons that complement the text, solicited from deployed military or civilian fathers and family members, ranging from those on active duty to veterans.

It doesn't matter who you are: the person deploying; significant support people such as: spouse (or SO), their parents, in laws • anyone associated with a deployment needs this book. It's so valuable that I'd like to see it remarketed under an additional title. Truthfully, I'd love for this book to be handed out free by the DoD to every deploying Service member. (Review by Executive Director of American Initiatives for Military Support (AIMS) and significant support person for two deployments.) If I had this book before either of these deployments, the experiences would have been MUCH better. Thank you, Armin for an incredible resource.

I got this for my husband as a predeployment gift bc i knew he was going to have a hard time leaving his daughter behind and dealing with me being pregnant alone. This is the only book I could find for a military serving dad. I've read tons of spouse books and I have to say this one was better than the spouse books! Recommend to any dad that serves!

I bought this with the intent of understanding my role in the family after a deployment. The tips and experiences shared in this book have helped me continue to be a part of my family even while being away around the world and on different schedules due to the time zone difference. I definitely recommend this book to soon to be deployed and even currently deployed servicemembers. It works!

Great new Navy family book

I like all the books written by this author, but this one wasn't for me. It's more appropriate for those guys in the Army and Marines. The uniqueness of submarine duty, however, leaves much wanting after reading this.

I first purchased this book to use as a basis for my work with children of military parents. The book's content was insightful, well organized and thorough. I felt the book was so helpful, I purchased several copies and sent them to my son, who is a military officer to present to his men. Both the parent being deployed and the one maintaining the family unit on the homefront would benefit from reading this book and utilizing its suggestions.

Even though I'm a 30+ year dependent and my husband's been active for 17 years, BOTH of us really enjoyed this book!

Good product for deployed daddy to be :)

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